



Acorn Access

THE KEY PARTS TO YOUR NDIS PLAN EXPLAINED

3

NDIS Plan

- 1
- 2
- 3

ndis



What is an NDIS Plan?



An NDIS plan is a personalized support plan developed for individuals with a disability who are eligible to receive support from the National Disability Insurance Scheme (NDIS) in Australia.



The plan outlines **specific** goals, objectives, and services/supports that the person requires to achieve their goals. Plans are regularly reviewed and adjusted if necessary.

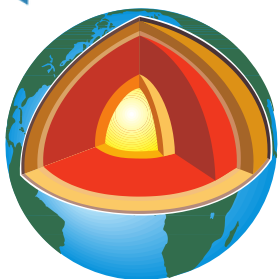
All supports in an NDIS plan, and all funding use, must meet the reasonable and necessary principles.



No 2 plans are the same!
The specific categories and funding amounts will vary depending on the individual needs and goals.

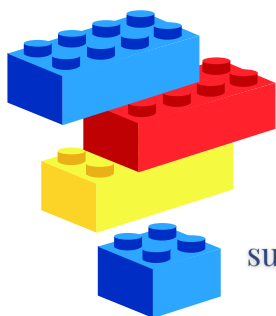
The 3 C's

that make up an NDIS plan



Core

supports for everyday activities



Capacity Building

supports to help you build your skills and increase your independence



Capital

supports such as assistive technology, vehicle modifications, home modifications and Specialist Disability Accommodation

Core Funding

Daily living support:



This includes assistance with personal care, household tasks, meal preparation, and other tasks to support a person's daily living needs.

Social and community participation:



This covers support to participate in social and community activities such as sports clubs, hobby groups, and other community events.

Consumables:



This includes items like continence aids, assistive technology, and other consumable items that are needed on a regular basis.

Transport:



This covers transport costs associated with attending appointments, community activities, and other events. You may see this billed as per km.

Core Funding

Continued



EXAMPLE

Core daily living funding is used for SIL support, where SIL supports is specifically stated in an NDIS plan.



EXAMPLE

All supports and services must be related to the persons disability, you should ask yourself 'how does this help me achieve my NDIS goals?'



EXAMPLE

Core is flexible, meaning you can use funding from social and community for in home support instead, as long as it helps you achieve your NDIS goals.



You cannot use core funding to fund allied health or psychology if you do not have a health/medical condition listed as a disability.



An iPad is not an assistive technology if you are using it for things unrelated to your disability, like to watch movies/play games.



Transport funding cannot be spent on vehicle costs like fuel, or the cost of public transport.

Capacity Building Funding



Support coordination:

This includes assistance to help an individual implement and manage their NDIS plan, find and connect with service providers, and coordinate their supports.



Level 2: support coordination, or level 3: complex support coordination. Your LAC/NDIA Planner is free to contact.



Improved living arrangements:

This covers support to help an individual find and maintain appropriate housing, including assistance with home modifications, property maintenance, and tenancy-related support.



Increased social and community participation:

This includes support to help an individual to participate in community activities, develop social connections, and build their social skills.

Capacity Building Funding

Continued



Finding and keeping a job:

This covers support to help an individual to find and maintain employment, including assistance with job searching, resume writing, interview skills, and ongoing support in the workplace.



Improved health and wellbeing:

This includes support to help an individual to develop healthy lifestyle habits, manage their health conditions, and access health services.



Exercise or diet advice to manage the impact of your disability. This could be from a dietician.



Improved learning:

This covers support to help an individual to access education and training, develop their skills and knowledge, and build their capacity to learn.

Capacity Building

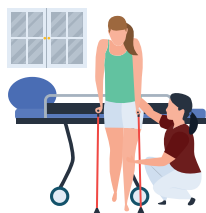
Funding

Continued



Improved Relationships:

This funding is for support services to help a participant to develop and maintain positive relationships with family, friends, and their community.



Improved daily living:

Assessment, training or therapy to help increase your skills, independence and community participation. These services can be delivered in groups or individually.



Support from a nurse, occupational therapist, physiotherapist, exercise physiologist, speech pathologist, psychologist; as specifically mentioned in your NDIS plan.



Improved life choices:

Plan management to help you manage your plan, funding and paying for services.

Capital Funding



Assistive Technology:

This funding category covers the cost of assistive technology and equipment that an individual requires to meet their disability-related needs. This includes equipment items for mobility, personal care, communication and recreational inclusion.



EXAMPLE

This includes higher-cost assistive technology, equipment or modifications to your home or vehicle. Usually requiring a quote.



Home Modifications:

This funding category covers the cost of modifications to an individual's home or other living arrangements that are necessary to meet their disability-related needs.



EXAMPLE

Specialist Disability Accommodation (SDA) for participants who require special housing because of their disability.

Want more information or support?

NDIS Plan

Contact your LAC/NDIA Planner



Acorn Homes believes that everyone deserves access to the right support and services to achieve their goals.

Services available to NDIS participants:

- SIL
- Support Coordination
- Advice & support
- Support workers
- Nursing support

email: enquire@acornhomes.com.au

phone : [0492 928 718](tel:0492928718)

website: www.acornhomes.com.au

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Please note that any advice provided is general in nature and does not take into account your individual circumstances. While we strive to provide accurate and up-to-date information, we do not guarantee that the advice is relevant or appropriate to your specific situation. It is important to seek professional advice that considers your unique circumstances before making any decisions based on the information provided.

We really value your feedback, If you see something in this book that doesn't look quite right, please contact us via:

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